

A Violence Prevention Campaign Initiative Funded by the Government of Ontario

By: Joyce Kalinga



The goal of the program is to bring African seniors together in a place where they feel most comfortable, anyone interested should come out and join. The next meeting is scheduled for September 8, 2018 at the Caribbean Centre.

and connects one's own values, morals, opinions, views, experiences, and feelings with someone else's. Good manners and courtesy should be taught and practiced by all, but true respect cannot be taught and does not have to be expressed the way others want. True respect comes from within, it is all yours to give and cannot be dictated by anyone but yourself.

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The Value of Respect and Good Mental Health

By: Pastor Joseph Sabageh

Respect is defined as a positive feeling or action shown towards someone or something considered important or held in high esteem or regard. It conveys a sense of admiration for good and valuable qualities and is also the process of honoring someone by exhibiting care, concern, or consideration for their needs or feelings. Respect comes from good mental health conditions. People without good mental health are not likely to show respect to others. Respect is a very important tenet of the concept of Omolu-

abi. We give respect to our elders, Pastors, teachers and those in authority. Omoluabi’s concept lays a responsibility on a leader or elder to steer clear of behaviors that could tarnish their integrity and make them lose respect. Some people earn respect by assisting others or by having important societal roles. In many African cultures, individuals are considered to be worthy of respect until they prove otherwise. Courtesies that show respect include simple words and phrases like “thank you” or a physical gesture like a slight bow, a smile or simple handshake. In Omoluabi culture, there are many ways to show respect for people. For example, in the Yoruba culture, it is recommended that a man prostrate or a woman kneel before an elderly person. Respect is a phenomenon renowned with African peo-

ple; it is a culture that the African people take pride in. Respect is such an important aspect of our tradition that it has been passed down to every generation. It is the epitome of peace and orderliness which remain very important in African cultures. An Omoluabi is expected to show respect and courtesy to people older than them. Respect is a social norm that is earned automatically in the African society and can be demanded if deemed necessary. Respect is shown in speeches, greetings and attitudes. Omoluabi cherishes respect. Omoluabi shows respect to one another in the manner of greetings and talking and this is not only between an elder and a younger person, but also among peers. Personally, I like the culture of respecting the elderly, as there is something about experience that only time can buy. In Af-

rican cultures for example, the unquestionable respect for elders is a fundamental feature, which is instilled in every child. It is also considered a mark of disrespect to refer to elders by their names. Calling parents by their name is a sign of disrespect. Respect for the elderly is a virtuous notion that must be preserved, as it knits the fabric of our society together as one. You answer anyone older than you by “Sir” or “Ma”. You don’t call your elders by name, instead you use the word “Uncle” or “Auntie”. We should teach our children to respect elders to preserve our culture. As the Proverb says, “train up a child the way he should grow, and when he is old, he will never depart from it”. Teaching your children respect is something that will eventually become an integral part of them.

Iteriba (Respect)

By: TeaJai Travis

According to Cambridge, respect is defined as: Admiration felt or shown for someone or something that you believe has good ideas or qualities
Such as: politeness and honor

Merriam-Webster says we are being respectful when we Act in a way that shows our ‘awareness’ of the rights and wishes of others

As I sit upon a stack of verbiage
I pull real words from real people
Grinding 5 to 9 in the concrete jungles of just getting by

Respect: as drawn out in the Urban Dictionary is –
Treating people in a positive manner
Acknowledging people for who they are and what they do

But be mindful of this truth
Respect is earned
We must learn the rules of the game

If you’re to be treated in an honorable way
you must reciprocate

The great Bruce Lee once said:
“Knowledge will get you power, but character, respect.”
He also taught us to be like water
willing to bend but don’t break

“One of the most sincere forms of respect is actually listening to what another has to say.”

Our dear ancestor Maya Angelou taught us:
“If we lose respect for each other, this is how we will finally die.”
When I reflect on respect I’m brought back to the deepness of my Grandmother’s eyes
And how she knew, more than she could say

And how she endured more than she could take
(My Grandmother birthed 24 children)
But one thing always stayed the same
She gave her praise to the

most-high everyday
Confucius says:
“Without feelings of respect, what is there to distinguish men from beast”

The Elders built castles and gave us the keys
We are our Ancestors, wildest dreams

But sometimes we can’t tell the forest from the trees

So I must treat you,
The way I want you to treat me

Respect is a path leading us to peace
My Ancestors were once bought and sold
They carried upon their shoulders, a heavy load

They endured violent disrespect and humiliation
An impossible time to be raised in

But despite the weakness of flesh
the spirit remained strong

If you close your eye’s and listen
you can hear the brilliant strength of their song

They carried the bravest respect for one another
A burdened collection of Sister’s and Brother’s

If nothing else, they still had each other
As they’d
Wade in the water
Wade in the water [children]
Wade in the water
God’s gonna trouble the water

Respect is waking up with a reason to live
Respect is honoring all that the ancestors did
Respect is in the way you value your privilege
Respect is in the way you carry forgiveness
Respect is in the way you treat yourself
Respect is in your willingness to help

So please remember
Respect is earned
We must learn the rules of the game

If you’re to be treated in an honorable way
you must reciprocate

Respect

Children’s Articles on Respect

A time I showed respect was when we had a fun day at Water World with YETY. I had so much fun jumping, eating frozen cones and running around with my friends. After, when it was time to go home, I said thank you to the older counsellors because we were happy about what they did for us, except I didn’t hear everyone say thank you. An Omoluabi is a child of character and knows how to be respectful when there are people around but also when no one is looking. I knew it was the right thing to say thank you for having a fun day because they didn’t have to go out of their way to do that for us.

By: Hamudi Mohamed
Mohamed, age 7

A story I have about respect would be when the Windsor Express Owner and Head Coach came to talk to us. I think it was awesome how from the minute they came in and introduced themselves some guys got up to shake their hands to say hello and thank them for coming. I believe that is how children of character show respect because a child of character is supposed to be a respectful child, so when someone older than you is in your presence, you acknowledge them by shaking their hand and greeting them. It is also how we were raised to behave living in African households. It was always taught to many of us when your aunts, uncles, or parents friends come over, we have to go say hello to them and shake their hands as a sign of respect.

By: Sebi Said, age 14



Get involved: youth are encouraged to write or draw articles for publication in the next issue. The theme is ‘Good Will’. For more information, call 519 966-2767 or email us at

Respect is an action you do to show that you are listening or understanding what they want you to do. Respect is something you do to show moral fibre. When you show respect, you are showing you are a good person and you listen and comprehend people. I think respect means to comprehend, understand and listen to not only yourself but others. The first way you need to know how to show respect is to respect yourself. In this article I will tell you what I think it means to show respect, verbally and on the web.

First, I will talk about showing respect to oneself. That is the first one you must learn in order to respect others. Respecting yourself means you take care of yourself, you love yourself and avoid doing anything bad that might hurt you. Taking care of yourself means you

don’t do things like smoking, drinking alcohol or trying to change your appearance. God made you who you are, be proud of it! Another way to respect oneself is to not bully or hate yourself. If you can do all this then you might be able to respect others and get along with them.

The second one is showing respect to others. Showing respect to others mean not fighting, waiting your turn and getting along with others. To me, showing respect to others means getting along with everyone. Be friendly, kind, gentle and empathetic. Another way is to respect others time; don’t waste it! Be considerate of people’s feelings, don’t make fun of someone behind their back. What if that was you? Would you like people talking about you behind their back?

The third one is showing respect on the internet.

Showing respect on the internet is trying not to cyber-bully anyone. Do the same thing as showing respect to someone in person, but on the internet. Be friendly, use proper language and be nice. If someone tries to provoke you, don’t fall for it and just get off the site. Don’t be a bully. If you see any bullying, go call an adult or report that person. This type of behaviour is frowned upon. Don’t be a bully or a bystander. Stand up for people or report it.

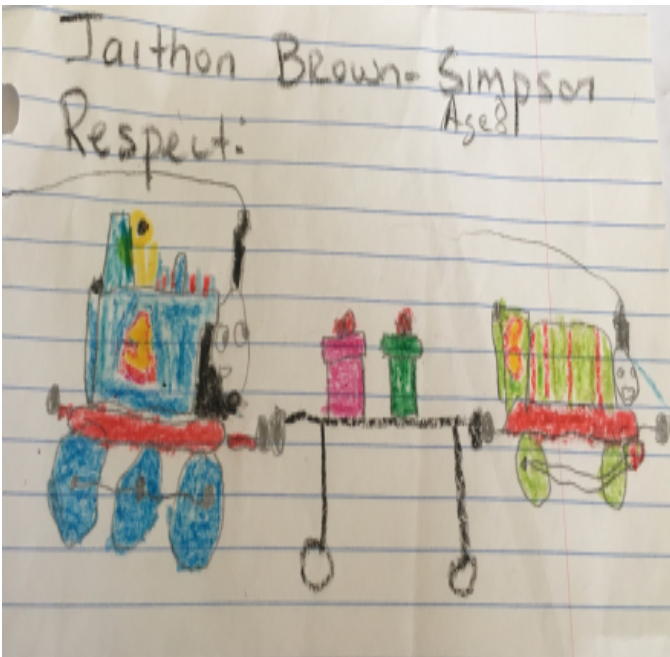
That was what respect means to me. To be respectful to oneself, to be respectful to others and to be respectful to others on the internet. These three things are very important because they will help you avoid trouble in life. This is what respect means to me. Thank you for reading this article.

By: Francine Babo age 11



Melanie, age 6

Melanie’s picture is about her four friends being sad, so she decided to give them her four crayons. For Melanie, respect is when you do something nice for someone.



Jaithon, age 8

Jaithon’s picture is about Thomas sharing gifts with his best friend Percy. For Jaithon, respect means to share and say “good job “ to others when they do something nice.

R.E.S.P.E.C.T

By: Christopher Hill, age 11

When I think of respect it reminds me of Aretha Franklin’s song, “RESPECT”. When you earn respect from people it validates who you are, and the faith people put in you.

You are trustworthy. You are above reproach and have integrity. Someone has put their faith in you and will vouch for you; they will recommend you to others; they will put their

own reputation on the line for you. They are counting on you to live up to their expectations because they value who you are and can count on you.

Black History: “Iteriba” Respect

By: Irene Moore Davis

“To be free is not merely to cast off one’s chains, but to live in a way that respects and enhances the freedom of others.” – Nelson Mandela

The Yoruba word, “Iteriba” has several meanings, but today let us focus on just one of the meanings, the attribute of “respect.” In this column, we’ll focus on some people who often do not receive very much respect—people whose heroism, strength, and determination is too often overlooked.

We are the heirs to the courage and ingenuity of our Underground Railroad ancestors. Sometimes, people describe them dismissively as “runaways” or “fugitive slaves” but these were self-emancipating formerly enslaved Africans. Slave revolts and escapes were the chief means whereby enslaved people could work to overthrow the unjust system of slavery. Thousands of formerly enslaved Africans freed themselves and made their way to Canada. The Government of Canada estimates that about 30,000 people of African descent, most of them formerly enslaved people, came to Canada during the height of the Underground Railroad. Many of them crossed the Detroit River and landed here in Essex County, be it in Amherstburg, Sandwich or

Windsor.

Our Underground Railroad ancestors were not passively sent North by conscientious Underground Railroad organizers. They took the initiative to free themselves from slavery. They did this despite great danger. They did this without the benefits of modern technology, often without money and appropriate footwear or clothing for their travels and almost always without the advantage of literacy and maps. Rarely had they been so far away from the places they were held captive. All had been born and raised in a system that was designed to keep Black people subservient and afraid. Where systematic terrorism and torture made examples of people who didn’t follow the rules.

Here in Essex County, the formerly enslaved emigrants were eager to get directly to the business of clearing forests, farming, building roads and railroads, practicing their trades, opening shops and businesses, sending their children to school for the first time, attending classes themselves, and living their lives with passion and determination.

Their journey to freedom may have ended here but they spent the rest of their lives helping to build all of the things that we now take for granted.

Intrigued by the way they contradicted the stereotypes about what Black people were capable of achieving, the formerly enslaved Africans of Essex County were studied, observed and written about by both British and North American scholars.

One way in which we can pay respect to the memory of fellow Africans, who lived in slavery throughout the ages as well as those who freed themselves, is to ensure that no one is ever subjected to the slave trade again.

Chinua Achebe once wrote that “a man who pays respect to the great paves the way for his own greatness.” It is true that we can find immeasurable strength, power, and inspiration in the stories of our ancestors. Many readers of this newspaper will be familiar with the traditional West African symbol of the Sankofa. This symbol is based on a mythical bird with its feet firmly planted forward while its head is turned backwards. It represents the belief that wisdom from the past ensures a strong future. As we remember the giants of our past, our ancestors, our predecessors, we can and should be inspired by their heroism as we find our way forward.

Respect their memory and allow that knowledge to help you stand taller and hold your head higher every day.



Ask the Elders

1. What fascinates you in today’s society?

I enjoy doing many things in society. I enjoy going to church and helping people. I grew up in the church and the way we used to worship in Africa is different than the way we worship here. The music and types of songs we sing are different in Africa. I also enjoy getting together with people and discussing

different things and trying different food, like with the Tea Time with the Senior that Mrs. Afolabi puts on.

2. What kinds of challenges do you face as seniors?

I don’t do as many things as I used to when I was younger. When I was young I used to walk a lot and now I cannot walk around as much. People come to help me with my laundry and other chores. I also have more health problems. When

I was young I never got ill and had good health, but now that I am getting older I have more issues with my health.

*Questions by Joyce Kalinga and answers by Mrs. Elizabeth Achirimbi

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The Way of Life - Respect

By: Bernice Babo age 13

When you were just a child, what did your parents usually say when you were playing with your friends? “Play fair” or “Girls can play with boys toys too” and vice versa. Well, when you get a little older, you start to realize that there is a word for such kind actions that hopefully you listened to. That wonderful word is Respect!

As you grow up you go to kindergarten, this is where they teach you more about respect. For example: learning how to effectively use the Golden Rule, using your manners when necessary, sharing, etc. Then you enter the first grade and school and is now a regular activity you may start to enjoy, and you begin to make more and more friends. Learning to respect you classmates, adults and teachers, just because they look a certain way doesn’t mean everyone has to look and behave in that way (everyone is different).

From now until who knows when, you will continue to realize you must

first respect yourself before others may respect you.

Teenagers nowadays sometimes don’t make the healthiest choices in order to live their life to the max. Teenagers get into problems like: Drugs and alcohol, become sexually active, use social media to hurt and disrespect others, have aggressive and abusive tendencies and much more. As young adults, older teenagers need to set the example for younger kids so that they may be able to respect you and learn more about how they can use that to be respected themselves.

This can be a very great skill to have and to take pride in. Being respectful isn’t something you can just wake up and have, it’s something you earn and or gain. On the other hand you can also teach others to respect others and that’s the whole purpose of being an older person; being there to teach younger kids right from wrong.

A Child of Respect

By: Yaj Ding, age 15

A child of respect is supposed to be a respectful child
Even when your limits are being tested
And while you are being tested
Your respect and character should never be neglected

A child of respect is supposed to be a respectful child

So, your words should never be vulgar or vile Omoluabi!

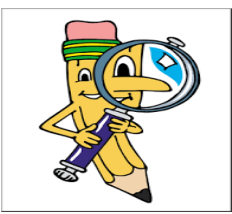
A child of character carries themselves with respect and a great big smile
And is of character even when no one is around Omoluabi!

Respect should be contagious
Not just when your family & friends are around Omoluabi!

Omoluabi Word Search

F	C	T	M	D	T	U	K	A	B	J	G	R	F	P
K	N	O	R	I	Y	R	N	O	H	Q	O	N	Z	X
W	I	Z	M	E	F	B	U	O	T	F	L	R	H	W
I	W	T	O	P	S	D	F	S	R	E	D	U	X	O
N	E	E	R	D	L	P	D	J	T	X	E	F	B	V
F	T	V	C	D	P	I	E	L	H	K	N	V	J	D
K	E	O	I	E	M	Z	M	C	W	A	R	K	U	U
C	L	R	E	W	Y	W	N	E	T	X	U	I	N	V
I	D	P	E	E	K	T	A	X	N	O	L	N	Z	O
L	E	P	Q	V	R	A	I	B	C	T	E	D	Y	L
Z	R	A	Q	E	E	U	K	D	U	G	C	N	Z	U
S	S	I	W	B	O	R	T	I	E	F	U	E	R	Z
X	V	A	W	A	Z	F	T	L	M	R	H	S	J	N
C	S	S	Z	S	Y	N	I	W	U	J	C	S	Z	D
W	B	A	E	A	D	D	G	J	F	C	V	A	Q	C

APPROVE
CREDIT
COMPLIMENT
CULTURE
ELDERS
GOLDENRULE
KINDNESS
RESPECT
REVERE
TRUST



RESPECT

By: Joel Hill, age 9

Most people go through life and constantly hear about the word RESPECT but don’t know what it means. RESPECT is the esteem for a sense of the worth or excellence of a person. RESPECT means if there is someone like an elder, teacher or counsellor, you wouldn’t just push them and say, “get out of my way”. RESPECT means: don’t be rude, always be kind and treat others the way you want to be treated. RESPECT needs to be in everything we do. Here are some examples of RESPECT and disrespect. The example of

RESPECT are kind words like: thank you, please and excuse me. The example of disrespect is Donald trump and how he looks upon women, also his view on minorities and his arrogance. If you just care about yourself and still want RESPECT from your peers, people will talk about you behind your back and won’t want to do anything with you. Have RESPECT!

Trip to Point Pelee

A lot of fun!!!
Saturday,
September 1st,
2018



Meet at 3176 Walker Rd.
at 9.00am
Admission+
Transportation : Free

We will learn about wild birds from
Wild Ontario and visit Canada's
southernmost point.
Bring your own lunch

NOCEEP will provide: Snacks,
desert and beverage

For more information, call 519-966-2767 or 226-340-3046

Learning Respect by Example

By: Daut Said, age 17

A few weeks ago, a couple of my friends and I were hanging out in front of the Water World entrance, when a group of elderly women began walking towards the doors. My friends and I happened to be in the way of the door and blocking their access. One of my friends said “hey, move to the side”, and proceeded to hold the door and instructed me to hold the next door inside for them, so they wouldn’t have to go out of their way to hold the door for themselves. In my eyes, those were traits of an Omoluabi, because a child

of character is supposed to be a respectful child. My friend showed me he was a child with respect. He showed me this because he did the right thing by correcting us and telling us to accommodate the elderly women’s needs of moving out of their way and holding the doors for them.



Respect

By: Bryan Gamsi, age 12

As a child we should always respect our elders. Don't make your parents angry because they were the ones who took care of you when you were little. They sacrificed all their need and hobbies to support you and give you a better future. Seniors doesn't only refer to our parents. It also means our teachers, our grandparents, our brothers, our sisters or even all those who meet us on the road who are older than us. So we must always respect our elders and help them too. In any condition we must nev-

er raise our voices against them or argue. We must always have our gratitude and love for them. Above all, we should respect our elders because they are much older than us. Never call your elder by his family name, say 'Mister' or 'Miss'. If we are sitting comfortably on a chair and a senior is standing near you, always offer them your seat. Listening carefully while they speak is important and their questions must be answered respectfully whenever they ask us for something with a calm tone. They are older than us and they certainly know a lot more about

life. If we take advantage of their experiences, we will have a more secure life. Then, when we are older, we would like to have the same respect for our younger siblings. We will learn many more things and gain a lot more knowledge from them who feel loved and respected. Our seniors have surely experienced things that you could hardly imagine. They experienced little comforts like cell phones and computers like we have today. All the knowledge you gain will help you become better citizens and have a more fulfilling life.



Introductory Relationship Coaching Clinic

By John Sullivan M.A.
Imago Therapist and workshop presenter
- 28 years

Location: Windsor Water World
400 Wyandotte St East
N9A 3H6

September 15th, 2018
10.00 am - 12.00 pm

Light lunch provided

For more information, please call 519 966 2767 or send us an email at ncocepwindsor@gmail.com



Let us take our civic duty seriously and appreciate the blessing of the democracy that we enjoy in our blessed Country

Earn my vote

Location: 900 Howard Ave. Windsor, ON N9A 1S5

Sept. 22nd, 2018
8:00am - 8:00pm

It is important that we vote, know who we vote for and why we vote for them.

20 minutes per Councillor candidate and 30 minutes for Mayoral

For more information, please call 519-966-2767 or 519-988-6725



The Sense of Respect

By: Julie Fotso, age 13

I would say respect is the act of treating others the way you want to be treated. Respect is to recognize the ability and limit of others while still hoping for their success. It must be noted that it is not only limited to a certain group of people, but to everyone; not just something you force but is intentional. Respect can be the key to several opportunities. It's easy to say the respect we share has been given to us since our childhood. One could insinuate that respect is one of the many keys opening the various doors of opportunity

presented along this long and difficult road which is our life and our evolution into adulthood. Respect should not be just a word in the mouth. It's like waking up in the morning, taking a walk outside (if you want to) and greeting each person with a big smile and an authentic hello, and even making friends with them. Show equality that can be interpreted in various ways such as politeness, cleanliness or punctuality. Knowing that our generation is a bit too invested in social media and are almost obsessed with it, it is more important that our parents incorporate respect into their children so that they adopt this notion, especially in their daily life.

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Respect

By: Abel Powo, age 13

Respect is not a law, but it is obtained. It means that if you don't respect people, people will not respect you. Remember the proverb that says, "don't do to someone what you would not want done to you". All this is to say that when you are disrespectful to someone, that person will be disrespectful to you too. Yet if you are respectful to a person, many other people will be respectful to you. For example, in my class there are people who always disturb the class when the

teacher speaks and cut him off. Sometimes it annoys me because the whole class will end up being punished. But sometimes, when all these disrupters act righteously, our teacher is ready to reward the whole class, and this makes me happy to the point where I interact with these disturbers more frequently. Respect is a practice and not just a word. What do I mean by that? Well, if we tell you that you must learn to respect others but do not do it, what are you doing? Do

you think that telling people that you will begin to respect them will make them respect you right away? NO! These people will wait to see you putting your own words into execution, they will wait to see you respect even those who hate you. Finally, respect can be defined in one word, politeness. If you think to respect others but not to be polite, it means that you are not respectful. I encourage everyone to respect each other because it is the key to a solid union.



Sprucewood Shore Estate Winery



Enterprise Tecumseh Location

For more detailed locations of newspaper pickup locations, please contact us at our main office:
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Windsor West Indian Association
Youth



Amherstburg Food & Fellowship Mission

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Respect and the Law By: Lakin Afolabi

The Omoluabi principle of “iteriba” means respect. Respect is not a new concept, nor one that is exclusive to the Yoruba culture. It has been around for as long as humans existed and is important to all sorts of human interactions. Respect takes on a particularly important role in the legal system. Without respect for ideas, processes, and the various participants, the legal system would not function the way it does.

A participant in the legal process must first respect the process. After receiving a decision that was personally unfavourable, Clayton Ruby, one of Canada’s best known lawyer remarked, “respect for the judicial system sometimes requires that a litigant accept that their view of things just does not prevail.” The fact of the matter is that sometimes a party in the judicial system wins and other times they lose. Despite this, parties involved must respect the system in order for it to continue.

Additionally, the legal system displays the concept of “iteriba” in the courtroom. The courts are adversarial with two parties opposing and challenging each other’s ideas. The adversaries are refereed by a judge who can only rule in favour of one of the parties. Nevertheless, the courtroom is a place of high decorum, formality, and (usually) great respect from all parties involved.

Good lawyers learn to respect their opponents and the judge, even when they disagree. Furthermore, good judges respect the lawyers and the role they play in the judicial system. Beyond that a litigant also learns to respect the system. The way in which they address the court and carry themselves is most important.

There are few places where the concept of “iteriba” is as well mirrored as in the courtroom. The court system is a great place to learn and perfect this value, particularly in a setting where one may not easily be inclined to display it.



African Proverb By: Pastor O. Afolabi

The brother or sister who does not respect the traditions of the elders will not be allowed to eat with the elders.

Omoluabi (A child of Character)
"Back to School"

Caribbean Community Centre
2410 Central Ave,
Windsor, ON
N8W 4J3

Please join us
Sept. 8th, 2018
3:00-5:30pm

"Violence Prevention Campaign Initiative"

Guest Speaker:
Councillor John Elliot
Sandwich Teen Action Group.

Proudly Omoluabi

Ontario

Answers to Word Search

C	T	M	D	T	U	K	A	B	J	G	R	F
N	O	R	I	Y	R	N	O	H	Q	O	N	Z
I	Z	M	E	F	B	U	O	T	F	L	R	H
W	T	O	P	S	R	F	S	R	E	D	U	X
E	E	R	D	L	P	D	J	T	X	E	F	B
T	V	C	D	P	I	E	L	H	K	N	V	J
E	O	I	E	M	Z	M	C	W	A	R	K	U
L	K	E	W	Y	W	N	E	T	X	U	I	N
D	P	E	E	K	T	A	X	N	O	L	N	Z
E	P	Q	V	R	A	I	B	C	T	E	D	Y
R	A	Q	E	E	U	K	D	U	G	C	N	Z
S	I	W	B	O	R	T	I	E	F	U	E	R
V	A	W	A	Z	F	T	L	M	R	H	S	J
S	S	Z	S	Y	N	I	W	U	J	C	S	Z
B	A	E	A	D	D	G	J	F	C	V	A	Q

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Throwback
Volume 1, Issue 5
Spring/Summer 2005

An African Man
By FOLUKE AKINREMI, 21

You can tell when you look at the hands of an African Man
What he's all about
The revelation of his master plan depicted in the palm of his hands
Not just physical ones, but mental ones as well
Outlining the complexity of his thoughts
Telling stories about the many wars he's fought
Some won, some lost, but at all cost
He strives to continuously provide for his family
His wife and children are his top priority
Although he may seem distant at times
It's because there are many things on his mind
Because see, he deals with life on a spiritual level
That's why he doesn't resolve his problems with physical struggles
He's learned the true essence of life with the many roles that he plays
As a father, a brother, a community leader, a son, a friend
When he comes home his children give him respect
Not because they fear him, rather because they look up to him
They know the numerous sacrifices he has made
Sometimes giving up his own dreams to see his children succeed
Or so it seems which is really not the case
His dreams are actually invested in his family, his friends, everyone around him
Every one he touches with his soul
What words could truly describe an African man
Intelligent, bold, meticulous, handsome
An African man is best described by the words themselves
An African man
Compassionate in heart
Gentle in spirit
The backbone of his family and community